

Client Name: Child B

Age: 11 years

Conditions diagnosed: ASD - Aspergers

Program Start Date: 20/04/2016

Program Completion Date: 25/07/2016

Pilot Program Sessions:

10 NeurOptimal Neurofeedback Brain Training sessions

2 Kinesiology Sessions

2 Child Center Method Sessions (Primitive Reflexes)

Overview of positive benefits in Child B's life after completing the program

- Child B is more calm and relaxed in himself
- Child B's communication is much better
- More clear and distinct when telling something to people
- Child B is more reasonable and able to explain himself better
- He is carrying out tasks without needing to be told a 2nd time, is more attentive when asked to do something
- Child B is reading much more books
- Child B is able to explain why he is frustrated instead of having a tantrum
- He is able to explain what he wants and feels
- Child B is engaging more in conversation with people
- Has taken a Panadol for the first time
- Not complaining when missing out on things on holidays
- Child B is picking up on things much quicker
- Child B is more calmer and verbal in school
- Connecting with his peers in school more
- He is completing homework to task, faster, order and sequencing
- Child B is eating more during dinner time

The following sections cover areas of Child B's life, showing concerns before starting the program and outcome after completing the program.

Major Areas of concern for Child B's Mother:

Area of Concern	Frequency per week before program	Frequency per week after program
Physically Impulsive	Daily	4 times a week
Distraction/Focus	Every task/All the time	Seen improvement. Completing tasks 1st-2nd time of asking
Feeling Sad/Anxious	1-2 times a week	Seen improvement but not gone. 1 time a week. Still anxious with new people/structures
Organizing	Not able to do/need to break down	Has improved when doing his own tasks, he completes it in order. When told to do something by mum, needs to be told 1-2 times
Reading Problems	Regular/Every day	Seen improvements. Reading more. Not know more improvements until he goes back to school. Much more creative when making things with Lego

Other areas of concern before the program:

Concerns before the program	After completion of the program
Waking up early	Seen a little improvement
Hates cutting nails	Seen slight improvement
Ringin g in ear	Ringin g still there. Not able to judge
Nose or Sinus Blocked	Seen good improvements
Hoarseness or sore throat	Seen improvement. Child B is now able to say he has a sore throat.Has improved in his communication in being able to tell he has a

	sore throat
Dizziness	No complaint of dizziness in past few months
Headaches or Migranes	No improvements seen
Reading problems	Seen improvements. Will know more when back in school.
Hyperactivity	Seen improvements. Relaxed watching movies.
Motor or Vocal tics	Some tics have gone. Repeating ends of words still exists
Difficulty Focusing	Seen good improvements
Easily Distracted	If interested in the task, seen good improvements. If not interested in the the task, not seen any improvements
Makes Mistakes	No improvements seen
Not completing tasks	Seen improvements. Still significant issue
Lose train of thought	No improvements seen
Difficulty Completing schoolwork	Will know when return to school
Difficulty with particular subjects	Will know when return to school
Feeling Sad/Anxious	Seen improvements. Due to improvement in communication, Child B is now able to express himself, so may not be depressed, sad or anxious
Thoughts that won't leave his mind	No improvements seen
Impulsive	Seen significant improvements
Feeling Overwhelmed	Not overwhelmed as often
Less Anxiety	Seen significant improvements
Doing tasks at home - staying on task	Seen improvements, i.e. emptying dishwasher when asked
Feedback from school on school work	Seen good improvements. Had good result in exams. Completed exams in class with other children. Calmness and improved communication helped

Detailed comments/improvements per session

Comments after 1st Brain training session(2nd app):

Child B slept well after the first session. Had a good day at school and was very positive for the day. Mother had to wake him the morning after the session, it does not happen very often.

Comments after 2nd Brain training session(3rd app):

Child B is more calm in the mornings and throughout the day. He is ready for breakfast and for school. When he is told to do something, he is doing it without having to be told a 2nd time and is more calm doing it. He is more attentive when asked to do something. He is eating more veg. His appetite is much better. Child B has started to read a book without being pushed to do so. Child B is now finishing his lunch at school and no longer bringing it home. He is doing his homework faster and is more focused when do homework. He is more relaxed in himself. Child B had a situation in school where he did not react when being provoked by another child. He was calm about it.

Comments after 3rd Brain training session(4th app):

Teacher commented that Child B reacted in a more controlled manner to a schoolyard incident.

Comments after 1st Primitive Reflex session(5th app):

Child B had an up and down week. Had a very good week in school. Settling much faster when going to sleep. Form has been really good. More communicative, more clear & distinct when telling something to people. Reasoning is better with Child B. He has been reading lots of books.

Comments after 4th Brain training session(6th app):

Child B is feeling good this week. Child B was able to explain what was going on for him during an issue with Aoife(sister). Before there would have been a tantrum and then explain why after. Now he is not having a tantrum and is explaining why he is frustrated first instead of having a tantrum. He is sleeping good. Going to sleep faster.

Comments after 1st Kinesiology Brain session(7th app):

Child B had a fall at school and hurt cocyx. Child B is more communicative, able to communicate what he wants and feels instead of being more tantrumy about response to issues.

Comments after 5th Brain training session(8th app):

Got an award in school. Had a hiccup in school and lost a smiley face due to it. He came back down after ok. Had a good week. Explaining himself a lot. Conversing more. Engaging more in conversation in past 2-3 days. When in town with his dad, he was in his head a lot and it did not escalate more like it would have before. When he had food he was back to himself again.

Comments after 6th Brain training session(9th app):

Completed all tests in school unassisted. Was able to sit still to complete the tests. Taking tablets from Kinesiology session, very good. Was able to take a Panadol for the first time. Looks to be getting the start of acne. Got cream for it.

Comments after 7th Brain training session(10th app):

Things have been very good. Completed all tests. Child B is more communicative about what he wants. When frustrated he is able to explain himself.

Comments after 8th Brain training session(11th app):

Child B is now more calm and more laidback. Got upset about Mother having to leave unexpectedly. Took several hours to calm down. Was still talking about it several hours later.

Comments after 9th Brain training session(12th app):

Been calm in the past week. Chores are not been completed. Child B is in good form.

Comments after 2nd Primitive Reflex session(13th app):

Child B's behaviour on holidays was very good. No giving out or complaining during the holidays when missing out on pool time when his sister was sick. He is sleeping much more and sleeping longer. He was spending much more time in the water during holidays. He is verbalizing what he is feeling. Child B is more easier to reason with. He is picking up on things quicker. Something that took Child B 2 months to pickup before is now taking about 2 weeks. He is more communicative, more reasonable and more understanding.

Comments after 10th Brain training session(14th app):

Child B is more relaxed. Communicating much better about what he wants. Explaining his feelings/wants better. Having more in depth conversations. Sharing more.